

Weeks Commencing – 17th September, 8th October, 5th & 26th November, 17th December

The Shrubby Kitchen Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main course	Pork Sausages, Mash and Gravy	Turkey Meatballs in Rich Tomato sauce	Herb Crusted Chicken Thighs	Minced Beef and Onion Pie with Shortcrust Pastry Top	<p>The Shrubby Kitchen Children's Vote!</p> <p>You Decide what Carol, Emma and Mandy will Cook For you</p>
Vegetarian	Vegetable Sausages	Quorn Meatballs	Spinach and Red Pepper Fritters	Roasted Root Vegetable and Barley Hot Pot	
On the Side	Peas, Leeks and Broccoli	Garlic Bread, Mixed Peppers & Courgettes	Boiled New Potatoes Corn on the Cob and Smokey Baked Beans	Crispy Diced Potatoes Buttered Cabbage and Leeks	
Chefs extra	Baked Macaroni Cheese	Baked Jackets with Chefs Filling Cream of Mushroom	Creamy pea and Spinach Risotto	Baked Jackets with Chefs Filling Sweet Potato and Red Pepper Soup	
Daily Sandwiches	Traditional Loaf with Choice of Fillings	Turkey meatball sub	Soft Cobs with various fillings	Filled and Rolled Wraps	
Something Sweet	Rice Pudding with Sugared Peaches Daily cold pots, cut fruit and yoghurts	Jam and Coconut Sponge Daily cold pots, cut fruit and yoghurts	Mixed Seed and Berry Flapjack Daily cold pots, cut fruit and yoghurts	Syrup Sponge with Custard Daily cold pots, cut fruit and yoghurts	